

Stand Against Stigma Committee

Redding Library, - 1100 Parkview Ave.

MINUTES

March 13, 2018

Committee Members – Tony Pisciotta (Brave Faces); Matthew Sprenger (Brave Faces); Jeanine Gonzales (Circle of Friends); Robin Ivins (Redding Rancheria); Sebeca Thames (Community Member); Chenchio Saecho (Community Member); James Daniels (Community Member); Dee Madden (NVCSS/Olberg); Melissa Hunt (Anderson City Councilwoman); Shawn Turner (Shasta CAPCC); Cheryl Boughton (Disability Action Center);

Shasta HHS Staff – Amy Sturgeon, Lindsay Tibbetts, Tracy Osterday, Sam Hummel, Kim Lim, Phil Crawford, Cory Brown, Carrie Jo Diamond.

Agenda Item	Discussion	Action	Individuals Commenting
1. Welcome and Introductions	Carrie Jo read the mission statement, welcomed everyone to the meeting and asked attendees to introduce themselves.		Carrie Jo, Stand Against Stigma Coordinator
2. Brave Faces Speech	Tony Pisciotta shared his Brave Faces story of his journey with depression, anxiety, addiction and recovery.		Tony Pisciotta, Brave Face
3. Jan/Feb in Review	Carrie Jo recapped speaking engagements at the CRRC, IOT, Project X and the Shasta College Sociology of Minorities class. There were no gallery installs, events or outreach tables in February.		Carrie Jo, Stand Against Stigma Coordinator
4. Upcoming Events	<p>Carrie Jo recapped Brave Faces speaking engagements, events and gallery displays.</p> <ol style="list-style-type: none"> 1. Speaking engagements <ol style="list-style-type: none"> a. February – Institute of Technology, Project X Group b. March – Shasta College Sociology of Minorities Class, HHS Office of the Director All Staff, Wright Educational Services DUI Class, CRRC* c. April – One Safe Place, CIT Training, CRRC* d. May – CRRC*, UPrep High School, Foothill High School 2. Gallery Displays <ol style="list-style-type: none"> a. Shasta County Admin, Shingletown Medical Center, Mountain Valley Medical Center, HHS Office of the Director, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends 3. Events (* = Tentative) <ol style="list-style-type: none"> a. BECOMING BRAVE TRAINING – Sat., Mar. 31st Boggs 10 a.m.-4 p.m. b. HOPE IS ALIVE! OPEN MIC – Fri., Apr. 20th Anderson Teen Center 6-8 p. m. 		Carrie Jo, Stand Against Stigma Coordinator CES

	<p>c. MINDS MATTER RESOURCE FAIR – Sat., May 5th Promenade 12-4 p.m.</p> <p>d. INTERMOUNTAIN MENTAL HEALTH WEEK – May 14th-19th</p> <p>e. BRAVE FACES FORUM – (TOPIC TBA) – Tues., May 15 Burney 6-8 p.m.</p>		
5. Social Media / Website	Carrie Jo let the committee know that a video of the January Hope Is Alive! Open Mic is available to watch online.		Carrie Jo, Stand Against Stigma Coordinator CES
6. Resource Sharing	<p>Amy Sturgeon spoke about:</p> <ul style="list-style-type: none"> The Men’s Mental Health Campaign is looking for nominations for Captain Awesome – men who are willing to share what wellness, strength and resilience means to them. She also needs help getting materials out, and reminded the group to please share the website, www.ShastaSuicidePrevention.com/Men on social media. There have been three photoshoots so far and a launch event being planned for June to take place in the Mt. Shasta Mall. The Suicide Prevention Symposium will feature the documentary “The S Word.” https://theswordmovie.com/ The March 20th Suicide Prevention Workgroup meeting and the April 26th QPR suicide prevention training. The March 16th Mental Health Services Oversight and Accountability Suicide Prevention Subcommittee. They are coming to Redding to learn more about our suicide prevention efforts. The day consists of site visits and a community meeting to gather information and understand the challenges to suicide prevention in our area. <p>Samantha Hummel reminded the committee of the Women’s Connect workshop scheduled for Wednesday, March 28th on the topic of healthy relationship, and asked for help spreading the word.</p>		<p>Amy Sturgeon, Suicide Prevention CES</p> <p>Samantha Hummel, Maternal and Child Mental Health CES</p>
7. Community Collaboration	Small Group Discussions – the committee reviewed a draft of an outline for the Shasta County Mental Health Services Guide. Some found that the proposed organization of the guide seemed overcomplicated and should be simplified. The group also discussed and came to the conclusion that mental health services goes beyond medication and counseling, and Shasta County could benefit from broadening this definition to include things such as peer support and wellness centers, which might help with some of the frustrations people have accessing services. Detailed notes were taken that will be used in future meetings.		All Committee Members and HHSA Staff Present