

Stand Against Stigma Committee
Hill Country CARE Center
1401 Gold Street, Redding

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

AGENDA

1:30-3 p.m. Tuesday, April 10, 2018

1. WELCOME and INTRODUCTIONS

2. MAR/APR IN REVIEW

a. Speaking Engagements

- i. March – Sociology of Minorities Class at Shasta College, CRRC, MHSA Academy
- ii. April – One Safe Place

b. Gallery Install - None

c. Events – Becoming Brave Training

d. Community Outreach – Sportsman’s Expo

3. UPCOMING EVENTS, PRESENTATIONS & OUTREACH (* = Tentative)

a. Speaking engagements

- i. April – CHYBA, CIT Training, CRRC*, Wright Education Services*
- ii. May – CRRC*, UPrep High School, Foothill High School

b. Gallery Displays

- i. Shasta County Admin, Shingletown Medical Center, Mountain Valley Medical Center, HHSA Office of the Director, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends

c. Events (* = Tentative)

- i. SPOKEN WORD WORKSHOP – Fri., Apr 13th | Anderson Teen Center | 3:30-6 p.m.
- ii. HOPE IS ALIVE! OPEN MIC – Fri., Apr. 20th | Anderson Teen Center | 6-8 p. m.
- iii. MINDS MATTER RESOURCE FAIR – Sat., May 5th | Promenade | 12-5 p.m.
- iv. INTERMOUNTAIN MENTAL HEALTH WEEK – May 14th-19th
 - 1. BRAVE FACES FORUM – “Finding Hope in Our Neighbors” – Tues., May 15 | Intermountain EV Free Church, McArthur | 6-8 p.m.
 - 2. QPR Training | TBA
 - 3. CAPTAIN AWESOME PHOTOSHOOT | Fri., May 18th | Ol’ Merc Pizza, McArthur | Time TBA
 - 4. HOPE IS ALIVE! OPEN MIC | Friday, May 18th | Ol’ Merc Pizza, McArthur | Performer Sign-in 5:30 p.m., Open Mic 6-9 p.m.

- 5. BECOMING BRAVE TRAINING | Sat., May 19th | Location TBA | 10 a.m.-4 p.m.
- vi. CAPTAIN AWESOME LAUNCH EVENT* | Sat., June 16th | Mt Shasta Mall | 10 a.m.-3 p.m.*
- vi. HOPE IS ALIVE! OPEN MIC | Fri., July 13th | Old City Hall | Performer Sign-in 5:30 p.m., Open Mic 6-9 p.m.

d. Community Outreach

- i. April – Sportsman’s Expo, CAPCC’s WOTYC Event, Win River Earth Day, Whole Earth and Watershed Festival, Take Back The Night
- ii. May – Minds Matter Mental Health Festival
- iii. June – Shasta County Employee Appreciation Event

4. SOCIAL MEDIA/WEBSITE

- a. Minds Matter Facebook Event Link is Live; Video promo in the works
- b. Anderson Teen Center Spoken Word Workshop and Hope Is Alive! Open Mic Events coming soon!
- c. Intermountain Mental Health Week event links also coming soon!

5. RESOURCE SHARING

- a. Suicide Prevention Workgroup | Amy Sturgeon, HHSA CES
- b. Women’s Connect | Samantha Hummel, HHSA CES

6. COMMUNITY PLANNING AND COLLABORATION

- a. Minds Matter
- b. Shasta County Mental Health Resource Guide

REMINDER The next Stand Against Stigma Committee meeting will be held **Tuesday, May 8th, 2018, 1:30-3 p.m., at the Hill Country CARE Center.**