

**Stand Against Stigma Committee**  
**Hill Country CARE Center**  
**1401 Gold Street, Redding**

**Mission statement:** The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

**AGENDA**

**1:30-3 p.m. Tuesday, May 8, 2018**

**1. WELCOME and INTRODUCTIONS**

**2. APR/MAY IN REVIEW**

**a. Speaking Engagements**

i. April – One Safe Place, CHYBA, CIT Training

**b. Gallery Install** - None

**c. Events** – DREAMERZ Spoken Word Workshop, Hope Is Alive! Open Mic at Anderson Teen Center, Minds Matter

**d. Community Outreach** – Sportsman’s Expo, CAPCC Week of the Young Child, Win River Earth Day, Whole Earth and Watershed Festival

**3. UPCOMING EVENTS, PRESENTATIONS & OUTREACH (\* = Tentative)**

**a. Speaking engagements**

i. May – CRRC\*, UPrep High School, Foothill High School, Project X

ii. June – Mental Health Awareness Training for RPD Records Technicians, CRRC, Wright Education Services

**b. Gallery Displays**

i. Shasta County Admin, Shingletown Medical Center, Mountain Valley Medical Center, HHS Office of the Director, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends

**c. Events (\* = Tentative)**

i. INTERMOUNTAIN MENTAL HEALTH WEEK – May 14<sup>th</sup>-19<sup>th</sup>

1. BRAVE FACES FORUM – “Finding Hope in Our Neighbors” – Tues., May 15 | Intermountain EV Free Church, McArthur | 6-8 p.m.

2. QPR Training | TBA

3. CAPTAIN AWESOME PHOTOSHOOT | Fri., May 18<sup>th</sup> | Ol’ Merc Pizza, McArthur | Time TBA

4. HOPE IS ALIVE! OPEN MIC | Friday, May 18<sup>th</sup> | Ol’ Merc Pizza, McArthur | Performer Sign-in 5:30 p.m., Open Mic 6-9 p.m.

5. BECOMING BRAVE TRAINING | Sat., May 19<sup>th</sup> | Location TBA | 10 a.m.-4 p.m.

ii. HOPE IS ALIVE! OPEN MIC | Fri., July 13<sup>th</sup> | Old City Hall | Performer Sign-in 5:30 p.m., Open Mic 6-9 p.m.

iii. BECOMING BRAVE TRAINING | Sat., July 28<sup>th</sup> | Location TBA | 10 a.m.-4 p.m.

**d. Community Outreach**

i. June – Shasta County Employee Appreciation Event

**4. SOCIAL MEDIA/WEBSITE**

a. No updates

**5. RESOURCE SHARING**

a. Suicide Prevention Workgroup | Amy Sturgeon, HHSA CES

b. Women’s Connect | Samantha Hummel, HHSA CES

**6. COMMUNITY PLANNING AND COLLABORATION**

a. Minds Matter debriefing

**REMINDER** The next Stand Against Stigma Committee meeting will be held **Tuesday, June 12<sup>th</sup>, 2018, 1:30-3 p.m., at the Hill Country CARE Center.**