

Stand Against Stigma Committee
Hill Country CARE Center
1401 Gold Street, Redding

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

AGENDA

1:30-3 p.m. Tuesday, June 12, 2018

1. WELCOME and INTRODUCTIONS

2. APR/MAY IN REVIEW

a. Speaking Engagements

- i. June – Mental Health Awareness Training for RPD Record Techs and Cadets, Wright Education Services, HHSa Clerical All Staff, CRRC

b. Gallery Install - None

c. Events – None for June

d. Community Outreach – Shasta County Employee Appreciation Day, Running Brave – The Race to End Suicide

3. UPCOMING EVENTS, PRESENTATIONS & OUTREACH (* = Tentative)

a. Speaking engagements

- i. June – Mental Health Awareness Training for RPD Records Technicians, CRRC, Wright Education Services, HHSa Clerical All Staff Meeting
- ii. July – Social Security Administration

b. Gallery Displays

- i. Shasta County Admin, Shingletown Medical Center, Mountain Valley Medical Center, HHSa Office of the Director, Planned Parenthood, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends

c. Events (* = Tentative)

- i. HOPE IS ALIVE! OPEN MIC | Fri., July 13th | Old City Hall | Performer Sign-in 5:30 p.m., Open Mic 6-9 p.m.
- ii. BECOMING BRAVE TRAINING | Sat., August 4th | Boggs | 10 a.m.-4 p.m.

d. Community Outreach

- i. July – Good Medicine Health Fair in Burney
- ii. August – Discover Health Fair – Redding Rancheria
- iii. September – Out of the Darkness Walk, Suicide Prevention Symposium, Latino Independence Fiesta, Redding LGBTQ+ Pride, Project Homeless Connect

4. SOCIAL MEDIA/WEBSITE

- a. Don't forget to like and follow us on [Facebook](#) and Instagram (@shastabravefaces)

5. MINDS MATTER TV/PODCAST

- a. Production expected to begin in August

6. RESOURCE SHARING (2-3 minutes per person)

- a. What are two local mental wellness related resources

7. COMMUNITY PLANNING AND COLLABORATION

- a. Recovery Happens
- b. Living Brave

REMINDER The next Stand Against Stigma Committee meeting will be held **Tuesday, August 7th, 2018, 1:30-3 p.m., at the Hill Country CARE Center.**