

Stand Against Stigma Committee
Hill Country CARE Center - 1401 Gold St.

AGENDA
August 13, 2019
1:30-3:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions	Individuals Commenting
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>		
2. Special Guest, Presentation and/or Discussion	Documentary screening and discussion: Resilience: The Biology of Stress and the Science of Hope with Laura Stapp from Strengthening Families.		
3. Resource Sharing	Community Partner Updates – Open to all <ul style="list-style-type: none"> • Aegis full clinic for Medication Assisted Treatment 		
4. Community Planning, Education and Collaboration	<ul style="list-style-type: none"> • Minds Matter Fair Video • Venues for Hope Is Alive! Open Mics • Brave Faces TEDx style event for Mental Health Month 		
5. June/July in Review	Speaking Engagements <ul style="list-style-type: none"> • July – Simpson College Human Sexuality Class (7/23), Adult Services Outpatient Staff (7/26) Community Outreach <ul style="list-style-type: none"> • Good Medicine Health Fair (7/12) Events <ul style="list-style-type: none"> • None for July 		

<p>6. Upcoming Events, Presentations and Outreach</p>	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • August – One Safe Place (8/22 and 8/23), Olberg Wellness Center (8/26) • October – Shasta College Sociology (10/16) <p>Community Outreach</p> <ul style="list-style-type: none"> • August – Rancheria Health Fair (8/7), Shasta College Welcome Day (8/28) • September – Shasta College Health and Safety Fair (9/5), Out of the Darkness Walk (9/7), Redding LGBTQ+ Pride Festival (9/21), Recovery Happens Event (9/29) <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> • Becoming Brave Training (s) – Saturday, 8/17/19, 11/16/19, 2/22/2020, 6/6/2020 10 a.m.-4 p.m. in the Boggs Conference Center 2420 Breslauer Way • September <ul style="list-style-type: none"> ○ Recovery Happens Month 2019 - Recovering Together – Unity in Our Community <ul style="list-style-type: none"> ▪ Next planning meeting – August 15th, 3-4 p.m., Redding Library Foundation Reading Room ▪ *September ??? – Recovery March Downtown Redding, 5:30-6:30 p.m. sign making; 6:30-7:30 p.m. march. ▪ *September 16-20 - Recovery Program Passport (Open houses at different recovery programs/facilities) ▪ *September 29 – Recovery Happens Event, Lake Redding Park Gazebo 10 a.m.-3 p.m. • Hope Is Alive! Open Mic - Suicide Prevention <ul style="list-style-type: none"> ○ August – S-Word Screening ○ October - Burney ○ November – Art from the Ashes 		
<p>7. Gallery</p>	<p>New portraits</p> <ul style="list-style-type: none"> • David Wharton, • Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert 		

	<p>Currently on display at:</p> <ul style="list-style-type: none"> • Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019) • Shasta County Mental Health 		
8. Social Media/Website	<p>Facebook</p> <ul style="list-style-type: none"> • Facebook events for Hope Is Alive! Open Mic and Becoming Brave • #MentalHealthRocks and #MindfulnessMonday • New Brave Faces <p>Instagram</p> <ul style="list-style-type: none"> • @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> • Revamp expected soon and will include Minds Matter Media 		
9. Minds Matter TV/Podcast	<p>Episodes</p> <ul style="list-style-type: none"> • Housing as Treatment for Mental Health Issues with Chante Catt and Donnell Ewert – in editing. • ACEs with Crystal Johnson and Rick Crowley – in editing. • Minds Matter TV Trailer - coming soon to social media. 		