

Stand Against Stigma Committee
Hill Country CARE Center - 1401 Gold St.
AGENDA
December 10, 2019
1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>	
2. Special Guest, Presentation and/or Discussion	<p>Discussion: Improving committee meetings and involvement in stigma reduction in the community.</p> <p>MHSA Stakeholder Survey: https://shastahhsa.sjc1.qualtrics.com/jfe/form/SV_9YtXKOUoFIHkTCI</p>	
3. Resource Sharing	Community Partner Updates – Open to all	
4. Community Planning, Education and Collaboration	Updates from Community Partners	
5. October/ November in Review	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • November – Institute of Technology (11/13) <p>Community Outreach</p> <ul style="list-style-type: none"> • November - None <p>Events</p> <ul style="list-style-type: none"> • Becoming Brave Training (11/16) 	

<p>6. Upcoming Events, Presentations and Outreach</p>	<p>Speaking Engagements</p> <ul style="list-style-type: none"> December – National University Masters in Counseling Cohort (12/10) <p>Community Outreach</p> <ul style="list-style-type: none"> January – Redding Health Expo (1/4) <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> Becoming Brave Training (s) – 2020 training dates – 2/22, 6/6, 7/18, 11/14; 10 a.m.-5 p.m. in the Boggs Conference Center 	
<p>7. Gallery</p>	<p>New portraits</p> <ul style="list-style-type: none"> Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins <p>Currently on display at:</p> <ul style="list-style-type: none"> Shingletown Medical Center, HHSa Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building (1/2-3/31/2019) Shasta County Mental Health 	
<p>8. Social Media/Website</p>	<p>Facebook</p> <ul style="list-style-type: none"> Monthly Brave Faces presentation highlights <p>Instagram</p> <ul style="list-style-type: none"> @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> Hoping to launch in January or February 2020 	
<p>9. Minds Matter TV/Podcast</p>	<p>On pause</p>	