

Stand Against Stigma Committee
Hill Country CARE Center - 1401 Gold St.
AGENDA
January 14, 2020
1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>	
2. Special Guest, Presentation and/or Discussion	Brave Faces Talk – Josie Englin	
3. Resource Sharing	<p>Community Partner Updates – Open to all</p> <p>MHSA Stakeholder Survey: https://shastahhsa.sjc1.qualtrics.com/jfe/form/SV_9YtXKOUoFIHkTCI</p>	
4. Community Planning, Education and Collaboration	Minds Matter and Mental Health Month	
5. December/January in Review	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • December – National University MFT class (12/13) <p>Community Outreach</p> <ul style="list-style-type: none"> • January – Redding Health Expo <p>Events</p> <ul style="list-style-type: none"> • No events. 	

<p>6. Upcoming Events, Presentations and Outreach</p>	<p>Speaking Engagements</p> <ul style="list-style-type: none"> February – Dignity Health Connected Living staff (2/20). <p>Community Outreach</p> <ul style="list-style-type: none"> January – Dr. Lake talk on combating bullying in school settings. <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> Becoming Brave Training (s) – 2020 training dates – 2/22, 6/6, 7/18, 11/14; 10 a.m.-5 p.m. in the Boggs Conference Center 	
<p>7. Gallery</p>	<p>New portraits</p> <ul style="list-style-type: none"> Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert, Josie Englin <p>Currently on display at:</p> <ul style="list-style-type: none"> Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building. Shasta County Mental Health 	
<p>8. Social Media/Website</p>	<p>Facebook</p> <ul style="list-style-type: none"> Monthly Brave Faces presentation highlights <p>Instagram</p> <ul style="list-style-type: none"> @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> Hoping to launch in February 2020 	
<p>9. Minds Matter TV/Podcast</p>	<p>Working to have previously taped episodes aired by May.</p>	