

Stand Against Stigma Committee
Hill Country CARE Center - 1401 Gold St.
AGENDA
March 10, 2020
1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

| Agenda Item | Discussion | Notes & Actions |
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| 1. Welcome & Introductions | <i>Your name, role in the community and what you are doing to fight stigma.</i> | |
| 2. Special Guest, Presentation and/or Discussion | Mental Health Resource Booklet | |
| 3. Resource Sharing | <p>Community Partner Updates – Open to all</p> <p>MHSA Stakeholder Survey: https://shastahhsa.sjc1.qualtrics.com/jfe/form/SV_9YtXKOUoFIHkTCI</p> | |
| 4. Community Planning, Education and Collaboration | Minds Matter and Mental Health Month | |
| 5. Review of Recent Events, Presentations and Outreach | <p>Speaking Engagements</p> <ul style="list-style-type: none"> • February – Dignity Health Connected Living staff (2/27). <p>Community Outreach</p> <ul style="list-style-type: none"> • January – Redding Health Expo <p>Events</p> <ul style="list-style-type: none"> • No events | |

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| <p>6. Upcoming Events, Presentations and Outreach</p> | <p>Speaking Engagements</p> <ul style="list-style-type: none"> • Open to requests for presentations. <p>Community Outreach</p> <ul style="list-style-type: none"> • Sportsman’s Expo (4/4-4/5); Week of the Young Child (4/15); Whole Earth and Watershed Festival (4/18); Take Back The Night (4/29) <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> • Becoming Brave Training (s) – 2020 training dates – 2/22, 6/6, 7/18, 11/14; 10 a.m.-5 p.m. in the Boggs Conference Center | |
| <p>7. Gallery</p> | <p>New portraits</p> <ul style="list-style-type: none"> • Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert, Josie Englin <p>Currently on display at:</p> <ul style="list-style-type: none"> • Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building. • Shasta County Mental Health | |
| <p>8. Social Media/Website</p> | <p>Facebook</p> <ul style="list-style-type: none"> • Monthly Brave Faces presentation highlights <p>Instagram</p> <ul style="list-style-type: none"> • @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> • Hoping to launch in May 2020 | |
| <p>9. Minds Matter TV/Podcast</p> | <p>Working to have previously taped episodes aired by May.</p> | |