

Stand Against Stigma Committee
Hill Country CARE Center - 1401 Gold St.
MINUTES
March 10, 2020
1:30-2:30 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members – Tina Short, Olberg Program Coordinator; Lucy Clark, BSN Student; Latasha Taylor, Olberg Peer Advocate; Connie Webber, RN Simpson, NAMHS, MHADAb; Staaden, Olberg Volunteer; Alan Martin, Olberg Volunteer; Paul M. Prinzing, Olberg Volunteer, Marci Fernandez, Parent

Shasta HHSa Staff – Christopher Diamond, CES; Tracy Osterday, PHN

Agenda Item	Discussion	Notes & Actions
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>	
2. Special Guest, Presentation and/or Discussion	Mental Health Resource Booklet	<p>The Mental Health Booklet is intended to be an instructional guide rather than a resource list, and will be useful for people who have never sought out mental health services, as well as a means of presenting what the Stand Against Stigma program does.</p> <p>Christopher presented an outline for the booklet and the committee brainstormed what would go under each category (see attached notes). Discussion was lively and the committee got through seven topics. Committee members can email Christopher with ideas for the remaining topics.</p>
3. Resource Sharing	<p>Community Partner Updates – Open to all</p> <p>MHSA Stakeholder Survey: https://shastahhsa.sjc1.qualtrics.com/jfe/form/SV_9YtXKOUoFIHkTCI</p>	<p>The entirety of the meeting was spent brainstorming the booklet. Christopher let the committee know they can review the agenda for updates on recent and upcoming activities.</p>

4. Community Planning, Education and Collaboration	Minds Matter and Mental Health Month	
5. Review of Recent Events, Presentations and Outreach	Speaking Engagements <ul style="list-style-type: none"> February – Dignity Health Connected Living (2/27) Community Outreach <ul style="list-style-type: none"> None Events <ul style="list-style-type: none"> No events 	
6. Upcoming Events, Presentations and Outreach	Speaking Engagements <ul style="list-style-type: none"> Request a presentation today! Community Outreach <ul style="list-style-type: none"> Sportsman’s Expo (4/4-4/5); Week of the Young Child (4/15); Whole Earth and Watershed Festival (4/18); Take Back The Night (4/29) Events (* = Tentative) <ul style="list-style-type: none"> Becoming Brave Training (s) – 2020 training dates – 6/6, 7/18, 11/14; 10 a.m.-5 p.m. in the Boggs Conference Center 	
7. Gallery	New portraits <ul style="list-style-type: none"> Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert, Josie Englin Currently on display at: <ul style="list-style-type: none"> Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building. Shasta County Mental Health 	
8. Social Media/Website	Facebook <ul style="list-style-type: none"> Monthly Brave Faces presentation highlights Instagram <ul style="list-style-type: none"> @shastabravefaces Website <ul style="list-style-type: none"> Hoping to launch in May 2020 	

9. Minds Matter TV/Podcast	Working to have previously taped episodes aired by May.	