

Stand Against Stigma Committee
GoToMeeting
AGENDA
September 8, 2020
1:30-3 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions
1. Welcome & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>	
2. Special Guest, Presentation and/or Discussion	Brainstorming session: <ul style="list-style-type: none"> • Mental Health Month 2021 	
3. Resource Sharing	<ul style="list-style-type: none"> • Community Partner Updates – Open to all • Suicide Prevention Week 	
4. Community Planning, Education and Collaboration	None	
5. Review of Recent Events, Presentations and Outreach	Speaking Engagements <ul style="list-style-type: none"> • CIT Training (8/26) Community Outreach <ul style="list-style-type: none"> • Cancelled due to COVID-19 Events <ul style="list-style-type: none"> • None since July meeting 	

6. Upcoming Events, Presentations and Outreach	<p>Speaking Engagements</p> <ul style="list-style-type: none"> • Open to requests for online presentations. <p>Community Outreach</p> <ul style="list-style-type: none"> • Cancelled due to COVID-19 <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> • Mind-Body Skills Workshop – Tuesday, 9/22/2020, 6-8 p.m. on GoToMeeting • CMBM 8-week small group – 6-8 p.m. weekly on Tuesdays, starting 9/29/2020 • Becoming Brave Training - Saturday 11/14/2020, 10 a.m.-4 p.m. on GoToMeeting 	
7. Gallery	<p>New portraits</p> <ul style="list-style-type: none"> • Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert, Josie Englin, Gene Ward <p>Currently on display at:</p> <ul style="list-style-type: none"> • Shingletown Medical Center, HHS Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building. • Shasta County Mental Health. 	
8. Social Media/Website	<p>Facebook</p> <ul style="list-style-type: none"> • Monthly Brave Faces presentation highlights <p>Instagram</p> <ul style="list-style-type: none"> • @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> • Hoping to launch in August 2020; currently transferring Brave Faces Galleries 	
9. Minds Matter TV/Podcast	<p>Going into production soon.</p>	