

Stand Against Stigma Committee
GoToMeeting
AGENDA
December 8, 2020
1:30-3 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHS Staff –

Agenda Item	Discussion	Notes & Actions
1. Welcome, Opening Meditation & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>	
2. Special Guest, Presentation and/or Discussion	Brave Face Denise Green shares her story.	
3. Resource Sharing	Share resources, as well as upcoming events and trainings <ul style="list-style-type: none"> • Drug Medi-Cal Organized Delivery System, renamed “Wellness & Recovery” program brochure. • Coronavirus Anxiety Workbook • ShastaReady.org • ShastaSelfCare.org 	
4. Community Planning, Education and Collaboration	None	
5. Review of Recent Events, Presentations and Outreach	Speaking Engagements <ul style="list-style-type: none"> • None 	

	<p>Community Outreach</p> <ul style="list-style-type: none"> Cancelled due to COVID-19 <p>Events</p> <ul style="list-style-type: none"> CMBM Mindfulness Small Group Youth Innovations Idea Lab 	
6. Upcoming Events, Presentations and Outreach	<p>Speaking Engagements</p> <ul style="list-style-type: none"> Open to requests for online presentations. <p>Community Outreach</p> <ul style="list-style-type: none"> Cancelled due to COVID-19 <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> None 	
7. Gallery	<p>New portraits</p> <ul style="list-style-type: none"> Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert, Josie Englin, Gene Ward <p>Currently on display at:</p> <ul style="list-style-type: none"> Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building. Shasta County Mental Health. 	
8. Social Media/Website	<p>Facebook</p> <ul style="list-style-type: none"> Stay updated on events, mental health resources and Brave Faces. <p>Instagram</p> <ul style="list-style-type: none"> @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> Hoping to launch in January 2021 	
9. Minds Matter TV/Podcast	Going into production soon.	