

Stand Against Stigma Committee
GoToTraining
AGENDA
June 8, 2021
1:30-3 p.m.

Mission statement: The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance abuse.

Committee Members –
Shasta HHSa Staff –

Agenda Item	Discussion	Notes & Actions
1. Welcome, Opening Meditation & Introductions	<i>Your name, role in the community and what you are doing to fight stigma.</i>	
2. Special Guest, Presentation and/or Discussion	Discussion <ul style="list-style-type: none"> • Mental Health Month feedback • Future meeting structure 	
3. Resource Sharing	Share resources, as well as upcoming events and trainings <ul style="list-style-type: none"> • Vaccinations Page of ShastaReady.org • “Wellness & Recovery” program brochure • Coronavirus Anxiety Workbook • ShastaReady.org • ShastaSelfCare.org 	
4. Community Planning, Education and Collaboration	Updates	
5. Review of Recent Events, Presentations and Outreach	Speaking Engagements <ul style="list-style-type: none"> • None for April Community Outreach	

	<ul style="list-style-type: none"> Cancelled due to COVID-19 <p>Events</p> <ul style="list-style-type: none"> Refocus: Journaling Minds Matter Drive Thru Mind-Body Skills 	
6. Upcoming Events, Presentations and Outreach	<p>Speaking Engagements</p> <ul style="list-style-type: none"> Open to requests for online presentations. <p>Community Outreach</p> <ul style="list-style-type: none"> Cancelled due to COVID-19 <p>Events (* = Tentative)</p> <ul style="list-style-type: none"> Awaiting changes in COVID regulations 	
7. Gallery	<p>New portraits</p> <ul style="list-style-type: none"> Coming soon - Crystal Johnson, Aiden Mares, Denise Green, Jullie Calkins, Joel Covert, Josie Englin, Gene Ward <p>Currently on display at:</p> <ul style="list-style-type: none"> Shingletown Medical Center, HHSA Office of the Director, Wintu Museum, WHS, Opportunity Center, One Safe Place and Anderson Teen Center, Circle of Friends, Shasta County Admin Building. Shasta County Mental Health 	
8. Social Media/Website	<p>Facebook</p> <ul style="list-style-type: none"> Stay updated on events, mental health resources and Brave Faces. <p>Instagram</p> <ul style="list-style-type: none"> @shastabravefaces <p>Website</p> <ul style="list-style-type: none"> Tentatively launching in May 2021 	
9. Minds Matter TV/Podcast	Going into production soon.	