



Location: GoToTraining

Date: Tuesday, August 10, 2021

Time: 1:30 – 3:00 p.m.

Stand Against Stigma Committee

The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance use.

- I. Introductions – Name, pronouns, role at work or in the community**
- II. Presentation – Community Resource: Sunrise Mountain Wellness Center**
- III. Community Partner Updates and Resource Sharing**
- IV. Stand Against Stigma Updates**
 - a) Special Projects
 - b) Brave Faces
 - c) Becoming Brave Training
 - d) Hope Is Alive! Open Mic
 - e) Minds Matter Podcast
 - f) Minds Matter Mental Health Fair
 - g) Recovery Happens
 - h) Upcoming Volunteer Opportunities
- V. Open Discussion**

Next meeting – 1:30 – 3 p.m., Tuesday, October 12, 2021; Location TBD

