



**Location: GoToTraining**

**Date: Tuesday, August 10, 2021**

**Time: 1:30 – 3:00 p.m.**

## Stand Against Stigma Committee

### AGENDA

*The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance use.*

- I. Introductions** – Name, pronouns, role at work or in the community
- II. Planning** – *2022 Special Project: (Later to be named) Destig Symposium*
- III. Community Partner Updates and Resource Sharing**
- IV. Stand Against Stigma Updates**
  - a) Special Projects
  - b) Brave Faces
  - c) Becoming Brave Training
  - d) Hope Is Alive! Open Mic
  - e) Minds Matter Podcast
  - f) Minds Matter Mental Health Fair
  - g) Recovery Happens – *First planning meeting is 3-4 p.m. on January 13, 2022. Location TBD.*
  - h) Upcoming Volunteer Opportunities
- V. Open Discussion**

**Next meeting – 1:30 – 3 p.m., Tuesday, December 14, 2021; Location TBD**

