



Location: GoToTraining



Date: Tuesday, April 12, 2022



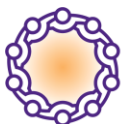
Time: 1:30 – 3:00 p.m.

Stand Against Stigma Committee

AGENDA

The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance use.

- I. **Introductions** – Name, pronouns, role at work or in the community
- II. **Feedback** – *MHSA Funded Programs*
- III. **Collaborative Planning** – *Mental Health Month*
- IV. **Community Partner Updates and Resource Sharing**
- V. **Stand Against Stigma Updates**
 - a) Special Projects – *Destig Symposium tentatively scheduled for Tuesday, November 1, 2022.*
 - b) Brave Faces – *10-year anniversary starting in May 2022; Circle of Friends Gallery Opening*
 - c) Becoming Brave Training – *July 2022*
 - d) Hope Is Alive! Open Mic – *Friday, May 20 at Sunrise Mountain Wellness Center 5:30 – 6 p.m. Performer sign-in; 6-9 p.m. Open Mic.*
 - e) Minds Matter Podcast – *Launch delayed due to COVID surge.*
 - f) Minds Matter Mental Health Fair – *“Meet and Greet” Wednesday, May 18 from 2-6 p.m. at Sunrise Mountain Wellness Center*
 - g) Recovery Happens – *In the process of rescheduling the meeting.*
 - h) Community Outreach – *Project Homeless Connect; Shasta High School Wellness Center Grand Opening.*
 - i) Upcoming Volunteer Opportunities – *Mental Health Month Events*





Shasta County
**Health & Human
Services Agency**



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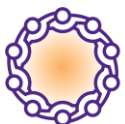
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VI. Open Discussion

Next meeting – 1:30 – 3 p.m., Tuesday, June 14, 2022 TBD



Stand Against Stigma
Changing minds about mental illness