



Location: GoToTraining



Date: Tuesday, June 14, 2022



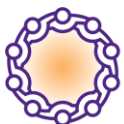
Time: 1:30 – 3:00 p.m.

Stand Against Stigma Committee

AGENDA

The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance use.

- I. Introductions** – Name, pronouns, role at work or in the community
- II. Feedback** – *Stand Against Stigma Website Resource Pages*
- III. Collaborative Planning** – *What do you want to see on social media?*
- IV. Community Partner Updates and Resource Sharing**
- V. Stand Against Stigma Updates**
 - a) Special Projects – *Destig Symposium looking for a new location. Tentatively scheduled for 11/1/2022.*
 - b) Brave Faces – *10-year anniversary starting in May 2022; Law Enforcement CIT Training (6/15); Circle of Friends Gallery Opening (10/2022).*
 - c) Becoming Brave Training – *Working on a location. July 2022.*
 - d) Hope Is Alive! Open Mic – *Pictures available on Facebook and Instagram. Next open mic is Friday, August 26 at Sunrise Mountain Wellness Center 5:30 – 6 p.m. Performer sign-in; 6-9 p.m. Open Mic.*
 - e) Minds Matter Podcast – *Outlook for launch is better.*
 - f) Minds Matter Mental Health Fair – *“Meet and Greet” took place Wednesday, May 18; Suggestions for next year.*
 - g) Recovery Happens Month – *Social media and/or podcast episode; possible event and other activities.*





Shasta County
**Health & Human
Services Agency**



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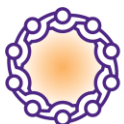


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- h) Community Outreach – *Project Homeless Connect (5/17); Redding Health Expo (6/4); Rancheria Discover Health Fair (8/3/2022).*
- i) Upcoming Volunteer Opportunities – Outreach tabling

VI. Open Discussion

Next meeting – 1:30 – 3 p.m., Tuesday, August 9, 2022. Location TBD.



Stand Against Stigma
Changing minds about mental illness