



Location: GoToTraining



Date: Tuesday, August 9, 2022



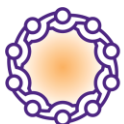
Time: 1:30 – 3:00 p.m.

Stand Against Stigma Committee

AGENDA

The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance use.

- I. Introductions** – Name, pronouns, role at work or in the community
- II. Presentation** – *Dairrien Call, who started with Brave Faces in 2014, will share his story and life update.*
- III. Collaborative Planning** – *Locations for Minds Matter 2023*
- IV. Community Partner Updates and Resource Sharing**
- V. Stand Against Stigma Updates**
 - a) *Special Projects – Destig Symposium looking for a new location. Being pushed out to 2023.*
 - b) *Brave Faces – 10-year anniversary starting in May 2022; Circle of Friends Gallery Opening (10/2022).*
 - c) *Becoming Brave Training – Working on a location. Training will be pushed out to November 2022 so a backlog of stories can be produced that were delayed due to the pandemic.*
 - d) *Hope Is Alive! Open Mic – Next open mic is Friday, August 26 at Sunrise Mountain Wellness Center 5:30 – 6 p.m. Performer sign-in; 6-9 p.m. Open Mic.*
 - e) *Minds Matter Podcast – Outlook for launch is better.*
 - f) *Minds Matter Mental Health Fair – “Meet and Greet” took place Wednesday, May 18; Suggestions for next year.*





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- g) Recovery Happens Month – *The date is confirmed. Recovery Happens is Saturday, September 10 from 10 a.m. – 2 p.m. at Riverfront Park in Redding. A “Passport” of treatment program open houses is being planned for the week leading up to the event.*
- h) Community Outreach – *Project Homeless Connect (5/17); Redding Health Expo (6/4); Rancheria Discover Health Fair (8/3); Shasta College Health and Safety Fair (9/8)*
- i) Upcoming Volunteer Opportunities – Outreach tabling; Recovery Happens event.

VI. Open Discussion

Next meeting – 1:30 – 3 p.m., Tuesday, October 11, 2022. Location TBD.

