



Location: GoToTraining



Date: Tuesday, October 11, 2022



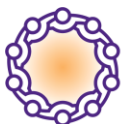
Time: 1:30 – 3:00 p.m.

Stand Against Stigma Committee

AGENDA

The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance use.

- I. **Introductions** – Name, pronouns, role at work or in the community
- II. **Presentation** – David Warton will share his Brave Faces story, life update and local LGBTQ mental health advocacy efforts.
- III. **Collaborative Planning** – Expanding the reach of Mental Health Month 2023.
- IV. **Community Partner Updates and Resource Sharing**
- V. **Stand Against Stigma Updates**
 - a) Special Projects – *Destig Symposium looking for a new location. Being pushed out to 2023.*
 - b) Brave Faces – *10-year anniversary starting in May 2022; Circle of Friends Gallery Opening is happening on Wednesday, November 2, from 3 - 6 p.m.*
 - c) Becoming Brave Training – *A training for HHSA peers is in the works for November. A community training is being planned for February 2022.*
 - d) Hope Is Alive! Open Mic – *TBD*
 - e) Minds Matter Podcast – *Looking to tape episodes in November and December.*
 - f) Minds Matter Mental Health Fair – **see above Collaborative Planning discussion*
 - g) Recovery Happens Month – *The event was a success. It was estimated there were 500-600 people in attendance. Everyone was well fed. The vibe was positive. We had several inspirational speakers.*





Shasta County
**Health & Human
Services Agency**



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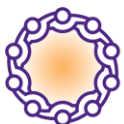


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- h) Community Outreach – *Project Homeless Connect (5/17); Redding Health Expo (6/4); Rancheria Discover Health Fair (8/3); Redding LGBTQ+ Pride (9/24)*
- i) Upcoming Volunteer Opportunities – TBD

VI. Open Discussion

Next meeting – 1:30 – 3 p.m., Tuesday, December 13, 2022. Location TBD.



Stand Against Stigma
Changing minds about mental illness