



**Location: The Boggs at 2420 Breslauer Way**



**Date: Tuesday, April 11, 2023**



**Time: 1:30 – 3:00 p.m.**

## Stand Against Stigma Committee

### AGENDA

*The Stand Against Stigma Committee works to promote mental wellness, increase community awareness of mental health, and end the stigma surrounding mental illness and substance use.*

**I. Introductions** – Name, pronouns, role at work or in the community

**II. Feedback**

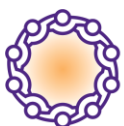
- a) Mental Health Month events
  - i) Planned - Minds Matter, Hope Is Alive! Open Mic, Men’s Advisory Group, Suicide Prevention Collaborative
  - ii) Potential – Micro-workshops at Minds Matter, art gallery, Intro to WRAP?
- b) Increasing participation from community members

**III. Community Partner Updates and Resource Sharing**

- a) MHSA Stakeholder Meeting 4/24/2023

**IV. Stand Against Stigma Updates**

- a) Special Projects – Symposium – *Tentatively planned for June 2023; Science of Addiction campaign(?); WRAP Camp for Youth(?)*
- b) Brave Faces – *We continue to celebrate the 10-year anniversary of the Brave Faces program looking at long term recovery. Galleries are in progress for several HHSA Peer Support Specialists. Push for presentation requests coming soon.*
- c) Becoming Brave Training – *Saturday, 6/10/2023, 10 a.m. – 5 p.m., Boggs Conference Center, 2420 Breslauer Way*





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- d) Hope Is Alive! Open Mic – *The next open mic is Friday, 5/19/2023, at Sunrise Mountain Wellness Center. Performer sign-in starts at 5:30 p.m. and the show runs from 6 – 9 p.m.*
- e) Minds Matter Podcast – *Looking to tape episodes in April or May.*
- f) Mental Health Month – *Minds Matter is Saturday, May 20, 2023, from 10 a.m. – 2 p.m. in (and around) the Boggs Conference Center.*
- g) Recovery Happens Month – *Next planning meeting is from 10:30 – 11:30 a.m. on Thursday, April 27 on GoTo Meeting.*
- h) Community Outreach – *Redding Earth Day, 4/22, Project Homeless Connect, 5/15, Minds Matter 5/20, Redding Health Expo or Redding LGBTQIA+ Pride (same date 6/3)???*
- i) Upcoming Volunteer Opportunities – *Minds Matter event set up and tear down, as well as tabling and workshop facilitation. Tabling outreach.*

## V. Open Discussion

## VI. Next Agenda

**Next meeting – 1:30 – 3 p.m., Tuesday, June 13, 2023, 2420 Breslauer Way (Boggs building).**

